



Debbie Rowell
Founder

In 1995, out of her frustration with unsuccessful attempts to seek services for her child with special needs, Debbie Rowell organized parents of other children with special needs and obtained funding to start the Exceptional Family Support, Education and Advocacy (EFSEA) agency. Mrs. Rowell died unexpectedly in March of 2002 and out of respect and admiration for her courage and tenacity, and as a reminder of her goals, this organization has been renamed in her honor.



Our Mission

Empowering people with diverse abilities, and their families, to successfully navigate the systems that serve them and to empower them to self-advocate by providing support, information and training.



Rowell Family Empowerment
of Northern California, Inc.

Phone: 530-226-5129

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www.EmpowerYourFamily.org



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of Northern California, Inc.

*Empowering People
with Diverse Abilities
and Their Families*

Support, Information, and Training.

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Empowering People with Diverse Abilities Through Support, Information, and Training.

We Believe:

- Families are the best experts about what they and their child need.
- Families should be the decision makers, rather than having decisions made for them.
- Families benefit from services and supports that meet their needs, strengthens them, respects their cultural preferences, values, and lifestyles.



Who is Eligible for Our Services?

Services are free of charge if you are Parents and Professionals who reside and/or work in Butte, Glenn, Shasta, Siskiyou, Tehama and Trinity Counties.*



Available Services

- Connecting parents with children with similar needs with each other
- Parent Consultants to review IFSPs, IEPs, 504s, etc.
- Monthly training opportunities and events
- Parent Cafes for a variety of causes/reasons; check calendar
- Family Activities and Outings
- Respite Care for families who want a break; must be consumers of Far Northern Regional Center



“If you are the parent* of a child with a diverse ability†, or special health need, there is no charge for our services.”

Who is Rowell Family Empowerment?

We are parents of children with diverse abilities just like you. We have walked, and are walking, the

path on the same journey as many of you. Through our struggles we have learned some strategies and techniques we want to share with others. We have Parent Consultants

who are trained in special education law and regulations. Some have gained knowledge and information about how to navigate healthcare systems. Some have parented children who are deaf, blind, have mental health issues, spina bifida, autism spectrum disorders and learning challenges. Whatever the need, we invite you to join our family.



*Services are available at no charge to parents with children with diverse abilities and special health care needs. † Even just a suspected diverse ability.